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**Press Release**

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*For Immediate Release*

**UNITAS Gala 2022 to Honor Empowerment Self Defense Pioneer Yehudit Zicklin-Sidikman**

Philanthropist and social entrepreneur **Yehudit Zicklin-Sidikman**, CEO of MyPwr Ltd., and founder of various private companies and non-profit organizations, will be honored at the annual UNITAS Gala 2022 for her work as Founder and President of ESD Global, a US-based non-profit that facilitates the training of Empowerment Self Defense (ESD) instructors in an effort to make ESD accessible worldwide.

**ESD Global** is dedicated to making Empowerment Self Defense (ESD) accessible around the world through increasing public awareness of its profound benefits and providing instructor training to leaders to teach ESD in their communities. Since its inception in 2017, ESD Global has held nine international ESD instructor trainings and certified 164 women and men from over 40 countries on six continents to provide Empowerment Self Defense instruction to the members of their communities.

**Yehudit Zicklin-Sidikman** is a leader and activist in the Empowerment Self Defense movement and has created a safer world for over three decades. She is a Jewish, US-born, New Jersey native, currently working and residing in Jerusalem, Israel. Some of her projects include MyPwr LTD, PAVE Prevention, IMPACT Personal Safety Global, The Association of ESD Professionals, El Halev, and the Violence Prevention Education Conference, among others.

[**The UNITAS Gala 2022**](https://www.unitasgala.com)is to be held on September 13, 2022, in New York City, and will feature performances by Grammy-nominated multi-platinum singer Natasha Bedingfield, award-winning artist and singer Chris Cab, and David Aaron Carpenter, award-winning violinist. The UNITAS Gala will be honoring Amy Capogna, NYPD Lieutenant from the Citywide Human Trafficking Squad. UNITAS works to disrupt human trafficking and exploitation through education and training and to provide opportunities for survivors to thrive, through their offices currently located in Belgrade, Serbia, and New York, USA.

**About Yehudit Zicklin-Sidikman:** Through the organizations she has created and supported, Yehudit has spearheaded the rapidly expanding Empowerment Self Defense (ESD) Movement, successfully making violence prevention education accessible worldwide. Yehudit’s awards include the Israeli Ministry of Social Equality’s Honor Award for prevention of violence against women, the Colleen Gragen Award of Inspiration by the National Women’s Martial Arts Federation, the Jerusalem Woman of the Year (WIZO) award, and the Woman of Valor Award from the Ambassadors' Club of Israel.

**To learn more visit** [**https://www.yehuditsidikman.com**](https://www.yehuditsidikman.com)

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